

Taken from: Zyromski, B. & Mariani, M.A. (2016). *Facilitating evidence-based, data-driven school counseling: A manual for practice*. Thousand Oaks, CA: Corwin Press. Pages 81-85.

Table 6.1

Sample List of Instruments for Assessing School-based Curriculum, Programs, Interventions

Name	Author(s)	Area of Interest	Grade Level/Age	Psychometrics
Aggression Scale	Orpinas & Frankowski (2001) Orpinas, Horne, & Staniszewski (2003)	11-item measure assessing frequency of self-reported perpetration of teasing, pushing, or threatening others	Ages 10–15	Cronbach’s alpha: 0.88 to 0.90
Bullying-Behavior Scale	Austin & Joseph (1996)	6 item student self-assessment of events (including acts of bullying and/or victimization) that might happen in school	Ages 8 – 11	Cronbach’s alpha: 0.82
Child Behavior Rating Scale (CBRS)	Bronson, Goodson, Layzer, & Love (1990)	Teacher assessment of student behavioral self-regulation – ability to manage one’s own behavior in academic and social settings	Kindergarten	Very good internal consistency and test-retest reliability; Internal consistency coefficients, Cronbach’s alphas, range from .69 to .97, and 2- to 4-week test-retest reliability coefficients range from .56 to .96 (all correlations significant, $p < .001$). Inter-rater reliability coefficients range from .50 to .89 (all correlations significant, $p < .001$); Convergent and divergent validity supported
Children’s Social Behavior Scale – Self Report	Crick & Grotpeter, 1995	15-item measure with 6 subscales assessing the relative frequency of various types of aggressive and prosocial behaviors and loneliness	Ages 8–14	Cronbach’s alpha: Overt aggression = 0.94 Relational aggression = 0.83 Prosocial behavior = 0.91 Loneliness = 0.92

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Five Factor Wellness Inventory Form T (5F-Wel-T)	Myers & Sweeney (2005)	Student assessment of characteristics of wellness; measures the total wellness or the entirety of the indivisible self	Grade 6 and above	Alphas range from .90 to .94, with an alpha of .94 for Total Wellness
Iowa Test of Basic Skills	Hoover, Dunbar & Frisbie (2001)	Student standardized measure of Vocabulary, Reading Comprehension, Spelling, Capitalization, Punctuation, Usage and Expression, Math Concepts and Estimation, Math Problem Solving and Data Interpretation, Math Computation, Social Studies, Maps and Diagrams, Reference Materials, Word Analysis (Level 9 only), Listening (Level 9 only).	K – 12 th grade	Norm-referenced; norms allow you to compare student performance with that of a representative sample of students across the country with current information
Junior Meta-Cognition Awareness Inventory (Jr.MAI)	Sperling, Howard, Miller, & Murphy (2002)	Student self-report inventory that measures likelihood to think about one's thoughts in a given circumstance	3 – 5 grade	Cronbach's alpha – 0.87, high internal consistency
Multidimensional Peer-Victimization Scale	Mynard & Joseph (2000)	Student self-report across four subscales assessing physical and verbal victimization, social manipulation, and	Ages 11 – 16	Internal consistency: Physical victimization = 0.85 Verbal victimization = 0.75 Social manipulation = 0.77 Property attacks = 0.73

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		property attacks		
My Class Inventory – Short Form Revised (MCI-SFR)	Sink & Spencer (2005)	Assesses student perceptions of various aspects of classroom climate: satisfaction, friction, difficulty, cohesion, competitiveness	4 – 6 grade	Alpha coefficients for each of the scales range from .84 to .93.
My Class Inventory – Short Form for Teachers (TMCI-SF)	Sink & Spencer (2007)	Assesses overall teacher perceptions of their present classroom experience: Satisfaction, Friction, Competitiveness, Difficulty, Cohesion, and Counselor Impact	Elementary	Alpha reliabilities ranging from .58 to .93 (SCI; $M_\alpha = .78$)
Olweus Bullying Questionnaire	Solberg & Olweus, 2003	39-item measure assessing the frequency of bully perpetration and victimization	Ages 11–17	Cronbach’s alpha: Bully perpetration = 0.88 Bully victimization = 0.87
Positive Youth Development Questionnaire – Short Version	Lerner et al. (2005)	SHORT PYD student questionnaire measures the 5 C’s (Competence, Connection, Confidence, Caring and Character)	Ages 10 and up	Cronbach’s alphas range between .63 and .90
Social Skills Rating Scale (SSRS)	Gresham & Elliot (2007)	Screen and classify children and adolescents suspected of having social behavior problems. Students rate themselves on aspects related to	Ages 8 - 18	Strong internal consistency and test-retest reliability; Coefficient alphas is in the upper .90s; Median subscale reliabilities are in the high .80s - Teacher Form, the mid- .80s - Parent Form, and near .80 - Student Form; All alpha coefficients are equal to or exceed .70.

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		teacher-student relationships, peer acceptance, and academic performance by assessing both positive and problem social behaviors		
Stanford Achievement Test Series (SAT10) –	Pearson (2012)	Student standardized measure of reading, reading comprehension, mathematics, language, spelling, listening comprehension. Science, social studies	K – 12 th grade	Norm-referenced; norms allow you to compare student performance with that of a representative sample of students across the country with current information
Student Engagement in School Success Skills (SE-SSS)	Carey, Brigman, Webb, Villares, & Harrington (2013)	Student self-report of cognitive engagement of Student Success Skills (SSS) program skills and strategies	4-12 grade	Coefficient alphas for the three SESSS subscales: Self-Direction of Learning – 0.89, Support of Classmates’ Learning – 0.79, and Self-Regulation of Arousal – 0.68, and 0.90 for the SESSS as a whole (Villares, Colvin, Carey, Webb, Brigman, & Harrington, 2014), indicating good internal consistency
Student Participation Questionnaire (SPQ)	Finn, Folger, & Cox (1991)	Teacher rating scale used to assess four subscales representing four key themes of social participation: friendships/relationships, contacts/interactions, student’s social self-perception, and	K – 1 grade	Coefficient alphas ranging from 0.89 – 0.94

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		acceptance by classmates		
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